口腔不定愁訴に対する補剤を用いた漢方治療

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要約：近年、歯科には「歯の痛み」や「歯肉の出血」以外に「口の渇き」「味覚の異常」「口や舌の痛み」「口の臭い」などの訴えで来院患者が多かった傾向がある。いわゆる、これらの訴えの多くは、身体のどこかが悪いのかはっきりしない訴えで、検査をしてもどこが悪いのかはっきりしないものを指す、いわゆる不定愁訴の状態である。口腔不定愁訴として出現しやすい身体疾患は、口腔乾燥症、味覚障害、舌痛症、口臭症、口内痛などが挙げられ、これらの疾患に対して補剤を用いて漢方治療を試みている。

索引用語：口腔不定愁訴、補剤、補中益気湯、十全大補湯、人参養榮湯


Kampo Medicine for Unidentified Oral Complaints
Using Formulations with Tonic Effects

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Summary：Our clinic has integrated Western and Eastern medicines through collaboration between the internal medicine department and the dentistry departments (oral surgery and medicine) for an increasing number of those patients whose main complaints include “dry mouth,” “pain in the tongue and oral area,” “taste disorders,” and “bad breath.” In Western medicine, these complaints are associated with diseases such as “bitter taste,” “tongue pain,” “oral pain,” “taste disorders,” “saliva secretion decrease,” and “changes in taste.” Kampo medicine has long been considered effective in relieving symptoms that are difficult to cure, such as unidentified complaints, menopausal disorders, and dysautonomia (autonomic dysfunction). So Kampo medicine is expected to have effects on unidentified complaints in the oral area. Our primary choices are the Kampo medicines of formulations with tonic effects.

Key words：Oral unidentified complaints, formulations with tonic, Hochuekkito, Juzentaihoto, Ninjinyoeto