

症 例 報 告

高齢者外傷性慢性膝関節血腫，疼痛に対する 漢方薬の使用経験

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要旨：三黄瀉心湯合防己黄耆湯を外傷性慢性血性関節液貯留を伴った症例に使用し著効を得た。三黄瀉心湯は黄連・黄芩・大黃の三味からなる。消炎作用，鎮静作用，止血作用を有している。防己黄耆湯は防己・黄耆・朮・生姜・大棗・甘草の六味からなる。防己と黄耆が君薬で，祛風行水作用と益気固表作用，行気消腫作用を有し，併せて正気を補い邪気を追い出す扶正驅邪作用を持つ。麻黄を含まないため高齢者にも使用可能で，抗炎症作用，止血作用により，内出血，疼痛，腫脹を伴う無菌性関節炎を治すことが出来たと考えている。

索引用語：三黄瀉心湯，防己黄耆湯，膝関節血腫

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A case study of kampo medicines on a traumatic chronic knee hematoma with pain
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Abstract: The combined treatment with san'oshashinto and boiogito improved the traumatic chronic knee hematoma with pain.

San'oshashinto consisting of coptis rhizome, scutellaria root, and rhubarb. It shows anti-inflammatory, analgesic, and hemostatic actions.

Boiogito is consisted of sinomenium stem, astragalus root, atractiroides rhizome, ginger, jujube, and glycyrrhiza licoria root. Because boiogito does not contain ephedra herb, it is easy to use for aged patients.

The combined treatment of san' oshashinto and boiogito was effective in the knee joint anopathy which was accompanied with the internal bleeding and sharp pain by the inflammatory and hemostatic action.

Key words: san'oshyashinto, boiogito, hemarthrosis of knee joint

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